

Easy Step User Guide

MOBIL-O-GRAPH®

24 Hour Blood Pressure Monitor



1. Place the newly charged batteries in the recorder.
2. Make sure the recorder is Off (the display should be blank).
3. Plug the grey cable connected to your PC, into the side of the recorder (align red dots).
4. Turn the recorder On, after a few seconds Co should appear on screen.
5. Open the ABPM Software on your PC.
6. Click the New Patient icon (First icon on left).
7. Enter the patient details. A name and number are required.
8. Click OK - then Cancel.
9. Click the Prepare Recorder icon (third icon from left).
10. Click the Set recorder Clock button, set the recorders clock if required then click OK.
11. Click the Send patient Number button. Click OK.
12. Click the Send Protocol button. Click OK.
13. Protocol x is now active. Protocol active box should be displayed. Click OK.

The recorder is now ready to place on the patient. Take the cable out of the side of the recorder. Turn the recorder off. Place the recorder on the patient with the correct sized cuff. Turn the recorder on and take a manual recording by pressing the Start button. Only when a successful manual recording has been taken should the patient be allowed to leave with the recorder.

Transferring the BP data from the Mobil-O-Graph to your PC.

1. When the recorder is returned by the patient, make sure the recorder is Off.
2. Plug the grey cable from your PC into the side of recorder align the red dots.
3. Turn the recorder On. After a few seconds Co will appear in the display.
4. On your PC click the Read data from Recorder button (fourth icon from the left).
5. When the data has transferred click OK.
6. Extra icons will now appear on your PC and you can view the different reports. To print the BP report click the printer icon, select the reports you require then click OK.